



## Southland Long Course 2023 Meet Schedule

Session 1 Saturday 2nd December Warm up: 1:30pm / Start 2:30pm		Session 2 Sunday 3rd December Warm up: 8:30am / Start 9:30am	
Event		Event	
1	12 & U 200m Medley Relay	19	Mixed 400m Freestyle
2	13 & O 200m Medley Relay	20	Male 50m Backstroke
3	Mixed 800m Freestyle	21	Female 50m Backstroke
4	Male 100m Backstroke	22	Male 100m Butterfly
5	Female 100m Backstroke	23	Female 100m Butterfly
6	Male 50m Freestyle	24	Mixed 1500 Freestyle
7	Female 50m Freestyle	25	Male 200m Backstroke
8	Male 200m Breaststroke	26	Female 200m Backstroke
9	Female 200m Breaststroke	<b><i>Presentations for events 19 to 26</i></b>	
<b><i>Presentations for events 1 to 9</i></b>		27	Male 50m Breaststroke
10	Male 50m Butterfly	28	Female 50m Breaststroke
11	Female 50m Butterfly	29	Mixed 200m Butterfly
12	Mixed 400m Medley	30	Male 100m Freestyle
13	Male 200m Freestyle	31	Female 100m Freestyle
14	Female 200m Freestyle	32	Male 200m Medley
15	Male 100m Breaststroke	33	Female 200m Medley
16	Female 100m Breaststroke	34	Flying Squadron 400m Freestyle Relay
17	Mixed 12 & U 200m Freestyle Relay	<b><i>Presentations for events 27 to 33</i></b>	
18	Mixed 13 & O 200m Freestyle Relay		
<b><i>Presentations for events 10 to 18</i></b>			